

# EMPLOYEE DEVELOPMENT LUNCH 'N LEARN SERIES

## Career Focus



November 1st • Central Campus C11.1081

**Taking Initiative - Charting Your Course for Career Advancement • ODHR 5374**

*Dr. Michelle Selk, Manager of Assessments*

This session is designed for employees who are considering a change in their role or career path with SJC. Topics will include: Assessing your current interests and strengths; professional development; discovering opportunities for advancement; networking with colleagues, and developing an “elevator pitch” to highlight your skills for a desired position.



December 6th • South Campus S12.101

**Career Clarity and Exploration • ODHR 5554**

*Donisha Moss and Brittany Bonds, Career Services Coordinators*

This session is designed for participants who are unclear about their career direction or thinking about making a change. Using a unique approach to exploring work-related skills, interests and values, participants will have an opportunity to answer the question “What type of work do I really want?”



January 10th • South Campus S12.101

**Taking the Next Steps to Further Your Career • ODHR 5553**

*Donisha Moss and Brittany Bonds, Career Services Coordinators*

This session is designed for participants who have decided to begin taking actions to move their careers forward. Career Services Coordinators will help you turn your thoughts into action, identify steps to facilitate your career development, and discuss how to get your leader’s “buy-in” and support. Participants will also discuss how to re-establish work-life balance when returning to school and/or changing a career.

*Register in Cornerstone Learning.*

[www.sanjac.edu/human-resources](http://www.sanjac.edu/human-resources)

All Sessions Held:  
**12 PM - 1 PM**



*Brown Bag  
Lunch*

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